



COVID-19 Testing Information and Instructions for Patients

Information about Testing Accuracy

It is important to understand that no tests are 100% accurate. Although molecular tests are very specific for the virus that causes COVID-19, there is a small possibility of a false positive result. This means that the test may show a positive result, but the virus is not present. Any positive test would require a minimum 10-day isolation period from the time the test was sent. There is also a possibility for the test to result negative even though the virus is present (a false negative test).

We send all swabs to a lab to ensure best the most accurate test result is obtained.

How to Get Test Results

Molecular tests typically result within 2 days, but can take as long as 4 days. If you have not been informed of your results within 7 days, please call our office at 631-626-1006. Your result can be emailed to you or printed from Lab Portal.

If you are being tested because you have symptoms, please isolate while awaiting your test results. You will also be seen by a Medical Provider using our “No-Contact” exam kits.

If your test is negative, we will notify you via your preferred contact method (voicemail or email) and your results can be printed from the laboratory Portal.

If you are being tested because you were in close contact with a confirmed COVID-19 patient, you should continue to quarantine for 10 days from your last exposure to the patient, as long as no symptoms are present.

If you test negative within 48 hours from day 7 of quarantine (i.e. day 5 post last contact), you should continue to quarantine for 7 days from your last exposure to the patient.

Patient must still monitor for symptoms for 14 days and continue to use social distancing/masks/frequent hand washing even after negative test.

If any symptoms develop, the patient should immediately self-isolate and contact their healthcare provider.

If your test is positive, we will notify you via your preferred contact method (voicemail or email). We recommend that you continue to isolate until:

At least 24 hours since your last fever (without fever reducing medication) and improvement in your other symptoms and at least 10 days have passed since your symptoms first appeared.

Because of the possibility of false negatives, if your medical provider is highly suspicious of COVID-19, they may recommend that you follow the isolation guidelines above, even if your test is negative.

What if I Develop New Symptoms or Concerns?

If you develop new symptoms or concerns, you can schedule a telehealth visit by calling any of our office at 631-626-1006 See PrimaryHealth.com for a list of COVID symptoms. If the telehealth provider feels you need to be seen in person, you may be scheduled for a house call or advised to see you Primary Care Provider.

At any time if you have worsening shortness of breath or trouble breathing, increasing or new chest pain, confusion, difficulty staying awake, bluish lips or face then seek emergency medical care immediately.